





All 3 Levels

- 1:00 p.m. to 1:45 p.m.
- Resort Pool
- \$175/week

Select the level you think best fits your child. All children will be swim tested at the start of camp to see if they need to be switched to a different level.

Level 1

## Intro to Water Skills Ages 3+ years old

- This level helps students feel more comfortable in the water.
- following: independently submerging head underwater, floating, kicking, beginning arm movements, retrieving submerged objects, and entering the water safely by jumping or using a ladder or steps.

Level 2

## <u>Fundamental Aquatic Skills</u> <u>Ages 3+ years old</u>

- This level helps students learn the fundamentals of swimming.
- Skills include the following: floating on back for 5-10 seconds, rolling from front to back and back to front, performing survival float, exploring simultaneous arm and leg movements, and performing front and back glide.

Level 3

## Stroke Development Ages 5+ years old

- This level helps students begin to develop the strokes of swimming.
- Skills include the following: jumping into deep water, performing back and front glide, freestyle arms (catch, pull, recovery), side breathing, introduction to backstroke and breaststroke arms and legs.



In case of inclement weather, children will be moved inside to do swim safety crafts and play games. Parents will be notified by noon if camp needs to be moved indoors. Parents will have the option of picking up their child before the lesson begins or letting us care for them for the full weekly price.

Children should arrive in their swimsuits so their lessons can start on time. Children that get transferred from other camps will change after lunch.

\*Splash camps do not offer daily rates.
All cancellations must be made by the Wednesday prior
to the start of Splash Camp.\*