



Group Swimming Lessons 2022

For registration information, call Aquatics Program Coordinator Kaitlyn Sowell at 713.685.6750.

Register online using CampMinder, see back for details. You will be contacted via email confirming your child's spot in a class. You will also receive a reminder email approximately 1 week from the start of classes. If there are not a sufficient number of students the Wednesday prior to the start of class, you will be contacted with alternative options. If you are on a wait list, you will be contacted when a spot in the class you want opens up. Your account will not be charged until your child has a confirmed spot in the class.

Aquatots - ages 15 to 36 months (parent-child class). 9x30 min. Teaches water acclimation, safety, entering and exiting the pool, blowing bubbles, jumping in the pool, floating, and arm and leg movements. Every child **MUST** have an adult in the water with them.

Start	End	Price	Time	Days
April				
4/11	4/29	\$225	9:30 to 10 a.m.	M/W/F
4/11	4/29	\$225	5 to 5:30 p.m.	M/W/F
May				
5/9	5/27	\$225	9:30 to 10 a.m.	M/W/F
5/9	5/27	\$225	5 to 5:30 p.m.	M/W/F
June				
6/6	6/24	\$225	9:30 to 10 a.m.	M/W/F
6/6	6/24	\$225	5 to 5:30 p.m.	M/W/F
July-August				
7/18	8/5	\$225	9:30 to 10 a.m.	M/W/F
7/18	8/5	\$225	5 to 5:30 p.m.	M/W/F

Seahorse - Intermediate 1 - ages 3 to 4 years. 6x30 min. or 10x30 min. Children must be able to submerge face underwater, blow bubbles, and move through the water without assistance for 3 ft. Skills include: floating, freestyle, kicking, coordination of arms and legs, beginning backstroke, and water safety.

Start	End	Price	Time	Days
April				
4/12	4/28	\$180	5 to 5:30 p.m.	TU/TH
4/11	4/27	\$180	5:45 to 6:15 p.m.	M/W
May				
5/9	5/20	\$300	4:15 to 4:45 p.m.	M-F
5/10	5/26	\$180	5 to 5:30 p.m.	TU/TH
5/9	5/25	\$180	5:45 to 6:15 p.m.	M/W
June				
6/13	6/24	\$300	4:15 to 4:45 p.m.	M-F
6/7	6/23	\$180	5 to 5:30 p.m.	TU/TH
6/6	6/22	\$180	5:45 to 6:15 p.m.	M/W
July-August				
7/19	8/4	\$180	5 to 5:30 p.m.	TU/TH
7/18	8/5	\$180	5:45 to 6:15 p.m.	M/W

Angelfish - Beginner 1 - ages 30 to 48 months. 6x30 min. or 10x30 min. Small setting ideal for first-timers and those in transition from a parent-child class. Skills include: putting face in the water, blowing bubbles, floating, kicking, beginning arm movement, and water safety.

Start	End	Price	Time	Days
April				
4/11	4/27	\$210	4:15 to 4:45 p.m.	M/W
4/11	4/27	\$210	4:45 to 5:15 p.m.	M/W
May				
5/9	5/25	\$210	10:15 to 10:45 a.m.	M/W
5/9	5/20	\$350	3:45 to 4:15 p.m.	M-F
5/9	5/25	\$210	4:15 to 4:45 p.m.	M/W
5/9	5/25	\$210	4:45 to 5:15 p.m.	M/W
June				
6/6	6/22	\$210	10:15 to 10:45 a.m.	M/W
6/13	6/24	\$350	3:45 to 4:15 p.m.	M-F
6/6	6/22	\$210	4:15 to 4:45 p.m.	M/W
6/6	6/22	\$210	4:45 to 5:15 p.m.	M/W
July-August				
7/18	8/3	\$210	10:15 to 10:45 a.m.	M/W
7/18	8/3	\$210	4:15 to 4:45 p.m.	M/W
7/18	8/3	\$210	4:45 to 5:15 p.m.	M/W

Sea Lions - Advanced - ages 5 to 6 years. 6x45 min. Children should already swim across the pool unassisted. Skills include: freestyle, lateral breathing, breaststroke, backstroke, beginning dives, and water safety.

Start	End	Price	Time	Days
April				
4/11	4/27	\$240	5:30 to 6:15 p.m.	M/W
May				
5/9	5/25	\$240	5:30 to 6:15 p.m.	M/W
June				
6/6	6/22	\$240	5:30 to 6:15 p.m.	M/W
July-August				
7/18	8/3	\$240	5:30 to 6:15 p.m.	M/W

Please turn this sheet over for more information.

Group Lesson Policies

- All toddlers must wear swim diapers. No disposable diapers permitted.
- Registration will not be accepted over the phone. Please register online at www.myhoustonian.com under “Aquatics” and “Youth Swim.”
- Your account will be billed at the time of registration. If paying by check, your child will not be registered until payment is received.
- If a class is canceled by the instructor due to weather, the instructor will schedule a make-up class.
- **Cancellations: There is a non-refundable cancellation fee of \$60 billed to your account if cancellation occurs less than seven days before a course begins. Full fees apply the Wednesday prior to the start of the session.**
- **There is no pro-rating for partial attendance.**

Other Swim Programs

AquaTech Program

January 24 through April 1 2022, and July through November 2022

This program is designed to aid in the development of the four competitive strokes, starts and turns. Our goal is to help build a basic understanding of the sport, thus preparing children for more intense programs and/or school competitions. The focus is placed on proper techniques, building endurance and overall fitness. Ages 6-8 in the jr. group and 9-14 yrs. in the main group. For more information contact Coach Brian Pearson at bpearson@houstonian.com or 713.316.2705.

BlueFins Pre-season Swim

April 4-29, 2022

Give your swimmer a jump-start into the BlueFins season with skills and endurance work. For more information contact Coach Brian Pearson at bpearson@houstonian.com or 713.316.2705.

BlueFins Summer League Swim Team

May 2, 2022 through June 25, 2022

For swimmers ages 5-14. BlueFins train for competitions with other clubs. For more information contact Coach Brian Pearson at bpearson@houstonian.com or 713.316.2705

Goldfish Swim Team Prep

January 24 through April 1 2022, and August through November 2022

This program is for children who can swim, but need more technical training in the four main strokes before joining swim team. Our focus will be about 75% technique, 25% endurance. This program will help prepare the children for how swim team practice will be run, and provide them with the skills necessary to be successful. For more information contact Coach Kailyn Sowell at ksowell@houstonian.com or 713.685.6750

How to Register Online

Go to www.myhoustonian.com, hover over “Aquatics” at the top right corner and then select “Youth Swim.” Feel free to read through our program options for this year! Click on REGISTER NOW at the top of the page. Fill in your information. Select 2022. Fill out your child’s information and if you have multiple children you will be able to come back and add another. Select aquatics yearly programs, and then choose what program session you would like to attend. Fill out your contact information and add two emergency contacts. Upload a picture of your child. You have now applied. You may choose to add another child, or continue to review and sign our Houstonian Club Activities and Photo waivers. Immunization Record or Exemption from Immunizations for Reasons of Conscience are NOT REQUIRED for aquatic yearly programs.

Private and semi-private swim lessons are available for all ages, all year long.

Children’s Lessons: Aquatics Program Coordinator Kaitlyn Sowell, KSowell@houstonian.com or 713.685.6750.

Teenage or Adult Lessons: Coach Brian Pearson, bpearson@houstonian.com or 713.316.2705.