



GROUP SWIMMING LESSONS 2025

Levels and skills

Water Acclimation

Parent-child: Ages 1 to 2.5 years old

A fun introduction to the water, featuring a familiar face and opportunities to interact with other parents.

Skills include: Proper entry and exit of the pool, blowing bubbles, wetting the face and head, floating, kicking, grabbing the wall, and rolling. (all with parental assistance)



Beginner Intro to Swim

Preschool Aquatics - Ages 2.5 to 4 years old

Ideal for first-timers and those in transition from a parent-child class.

Skills include: Putting face in the water, blowing bubbles, opening eyes underwater, floating, kicking, rolling onto the back, exploring arm movements, and water safety.

Learn to Swim

Level 1: Intro to Water Skills - Ages 3 to 8 years old

This level helps students feel more confident in the water.

Skills include: Independently submerging head underwater, floating, kicking, rolling, beginning arm movements, retrieving submerged object, and water safety.

Level 2: Fundamental Aquatic Skills - Ages 3 to 8 years old

This level helps students learn the fundamentals of swimming.

Skills include: Independently floating, rolling from front to back and back to front, performing a survival float, coordinating arm and leg movements, and performing front and back glides.

Level 3: Stroke Development - Ages 3 to 8 years old

This level helps students begin to develop the strokes of swimming.

Skills include: Jumping into deep water, freestyle arms (catch, pull, recovery), side breathing, backstroke and breaststroke arms and legs movements.

Sessions and Classes

Spring Sessions

\$210 | Tuesdays & Thursdays

Every 3 weeks

Session 1: April 1 - 17

Session 2: May 6 - 22

Levels

Times

Parent-child	3:45 to 4:15 p.m.
Preschool Aquatics	3:45 to 4:15 p.m.
Level 1	4:30 to 5 p.m.
Level 2	4:30 to 5 p.m.
Level 3	5:15 to 5:45 p.m.



Summer Sessions

Prices and days vary

Every 2 weeks

Session 1: June 2 - 13

Session 2: June 16 - 27

Session 3: July 7 - 18

Session 4: July 21 - August 1

Levels

Price

Days

AM Times

Parent-child \$100 TU/TH 9 to 9:30 a.m.

Preschool Aquatics \$280 M-TH 9 to 9:30 a.m.

Level 1 \$280 M-TH 9:45 to 10:15 a.m. 3:45 to 4:15 p.m.

Level 2 \$240 M-TH 9:45 to 10:15 a.m. 4:30 to 5 p.m.

Level 3 \$240 M-TH 10:30 to 11 a.m. 4:30 to 5 p.m.

PM Times

Fall Sessions

\$210 | Tuesdays & Thursdays

Every 3 weeks

Session 1: September 2 - 18

Session 2: October 7 - 23

Session 3: November 4 - 20

Levels

Times

Parent-child 3:45 to 4:15 p.m.

Preschool Aquatics 3:45 to 4:15 p.m.

Level 1 4:30 to 5 p.m.

Level 2 4:30 to 5 p.m.

Level 3 5:15 to 5:45 p.m.



3-Day Swim Camps

\$140 | Ages 3 to 8 | 2 to 2:45 p.m.

3 days

Spring Break Group Swim Lessons: March 11 - 13

Thanksgiving Group Swim Lessons: November 24 - 26

Holiday Group Swim Lessons: December 29 - 31

Please see
back for more
information!





GROUP SWIMMING LESSONS 2025

How to Register

- Register online using **CampMinder**: Visit our website: www.myhoustonian.com. Hover over the "Aquatics" tab located near the top right and from the drop down options click "Youth Swim". Under "Youth Swim Programs" click the "CampMinder" hyperlink.
- Registration Process: Create an account by filling out your and your child's information. You can add additional children later if needed. Choose the desired aquatics programs for your child(ren). Provide your contact information and add two emergency contacts. Upload a picture of your child. Review and sign the Houstonian Club Activities and Photo waivers.
- Immunization records or exemptions for reasons of conscience are **not required** for aquatics programs.
- For more registration information, please contact our Aquatics Program Coordinator, Lauren Gill, at lgill@houstonian.com or 713.685.6750.

Group Swim Lesson Policies

- **Cancellation Policy**: A \$60 non-refundable fee applies if you cancel less than **seven** days before a session begins. Full fees will apply after the first class of a session.
- **No prorating** for partial attendance except in cases of documented illness; a doctor's note must be provided by Friday of the affected week.
- Fridays are reserved for **make-up** classes in the event of instructor cancellations (e.g., due to inclement weather).
- Please select the level you believe is best for your child. All children will be assessed on the first day and may be moved to a different level if needed. If the correct level is full, we will offer private swim lessons.
- You will receive a reminder email approximately one week before a session begins. In the event of insufficient enrollment prior to the start of a session, you will be contacted with alternative options.
- Waitlisted participants will be notified as soon as a space becomes available.
- All toddlers must wear **swim diapers**. No disposable diapers are permitted.

Our times don't work?

We offer flexible **Private Swim Lessons** to fit your schedule! Private, duet, trio, and quad lessons are available year-round for ages six months and up. Our instructors will work one-on-one with you or your child to improve swimming abilities. If interested, please contact our Aquatics Program Coordinator, Lauren Gill, at lgill@houstonian.com or 713.685.6750.

Other Aquatics Programs

Splash Camp

May - July | Ages 3 - 12

Splash Camp is our annual Aquatics camp, part of the Houstonian Summer Camps. In this program, we teach your children water safety and refine their swimming abilities in a fun group setting.

Jr. BlueFins Swim Team Prep

January - March | August - December | Ages 4.5 - 8

This program helps build strong technique and endurance and introduce how swim team practice will be run.

For more information about Splash Camp or Jr. BlueFins, please contact our Aquatics Program Coordinator, Lauren Gill, at lgill@houstonian.com.

BlueFins Year-Round After School Swim

January - March | August - December | Ages 6 - 18

This program focuses on the development of all four competitive strokes, starts, and turns, and helps prepare swimmers for competitions in the post-summer Houston Country Club League (HCCL).

BlueFins Preseason

April | Ages 5 - 14

This program gives your swimmer a jump start into the BlueFins summer season with skills and endurance work.

BlueFins Summer League Swim Team

May - June | Ages 5 - 14

The BlueFins summer swim team is part of the Houston Country Club League (HCCL). The team holds daily practices and competes against other clubs in the league.

For more information about BlueFins Year-Round/Preseason/Summer Swim Team, please contact Head Coach, Jorge Mijares, at jmijares@houstonian.com.