



GROUP SWIMMING LESSONS 2025

Levels and skills

Water Acclimation

Parent-child: Ages 1 to 2.5 years old

A fun introduction to the water, featuring a familiar face and opportunities to interact with other parents.

Skills include: Proper entry and exit of the pool, blowing bubbles, wetting the face and head, floating, kicking, grabbing the wall, and rolling. (all with parental assistance)



Learn to Swim

Level 1: Intro to Water Skills - Ages 3 to 8 years old

This level helps students feel more confident in the water.

Skills include: Independently submerging head underwater, floating, kicking, rolling, beginning arm movements, retrieving submerged object, and water safety.

Level 2: Fundamental Aquatic Skills - Ages 3 to 8 years old

This level helps students learn the fundamentals of swimming.

Skills include: Independently floating, rolling from front to back and back to front, performing a survival float, coordinating arm and leg movements, and performing front and back glides.

Level 3: Stroke Development - Ages 3 to 8 years old

This level helps students begin to develop the strokes of swimming.

Skills include: Jumping into deep water, freestyle arms (catch, pull, recovery), side breathing, backstroke and breaststroke arms and legs movements.

Beginner Intro to Swim

Preschool Aquatics - Ages 2.5 to 4 years old

Ideal for first-timers and those in transition from a parent-child class.

Skills include: Putting face in the water, blowing bubbles, opening eyes underwater, floating, kicking, rolling onto the back, exploring arm movements, and water safety.

Sessions and Classes

Spring Sessions

\$210 | Tuesdays & Thursdays

Every 3 weeks

Session 1: April 1 - 17

Session 2: May 6 - 22

Levels

Times

Parent-child	3:45 to 4:15 p.m.
Preschool Aquatics	3:45 to 4:15 p.m.
Level 1	4:30 to 5 p.m.
Level 2	4:30 to 5 p.m.
Level 3	5:15 to 5:45 p.m.



Summer Sessions

Prices and days vary

Every 2 weeks

Session 1: June 2 - 13

Session 2: June 16 - 27

Session 3: July 7 - 18

Session 4: July 21 - August 1

Level

Price

Days

AM Times

Parent-child	\$100	TU/TH	9 to 9:30 a.m.	
Preschool Aquatics	\$280	M-TH	9 to 9:30 a.m.	PM Times
Level 1	\$280	M-TH	9:45 to 10:15 a.m.	3:45 to 4:15 p.m.
Level 2	\$240	M-TH	9:45 to 10:15 a.m.	4:30 to 5 p.m.
Level 3	\$240	M-TH	10:30 to 11 a.m.	4:30 to 5 p.m.

Fall Sessions

\$210 | Tuesdays & Thursdays

Every 3 weeks

Session 1: September 2 - 18

Session 2: October 7 - 23

Session 3: November 4 - 20

Levels

Times

Parent-child	3:45 to 4:15 p.m.
Preschool Aquatics	3:45 to 4:15 p.m.
Level 1	4:30 to 5 p.m.
Level 2	4:30 to 5 p.m.
Level 3	5:15 to 5:45 p.m.



3-Day Swim Camps

\$140 | Ages 3 to 8 | 2 to 2:45 p.m.

3 days

Spring Break Group Swim Lessons: March 11 - 13

Thanksgiving Group Swim Lessons: November 24 - 26

Holiday Group Swim Lessons: December 29 - 31

Please see back for more information!





GROUP SWIMMING LESSONS 2025

For registration information, please call the Aquatics Program Coordinator 713.685.6750.

How to Register Online

- Register online using **CampMinder**: Visit our website: www.myhoustonian.com. Hover over the "Aquatics" tab located near the top right and click "Youth Swim" from the drop down options. Click the "CampMinder" hyperlink under "Youth Swim Programs".
- Registration Process: Create an account by filling out your and your child's information. You can add additional children later if needed. Choose the desired aquatics programs for your child(ren). Provide your contact information and add two emergency contacts. Upload a picture of your child. Review and sign the Houstonian Club Activities and Photo waivers.
- **Important Note**: Immunization records or exemptions for reasons of conscience are **not required** for aquatics programs.

Group Swim Lesson Policies

- **Cancellation Policy**: There is a non-refundable cancellation fee of \$60 per child billed to your account if cancellation occurs less than three days before a session begins. Full fees will apply after the first class of a session.
- There is no prorating for partial attendance except in cases of illness. If your child is sick, please provide a doctor's note by the Friday of that week.
- Fridays will be used as **makeup** days. If a class is cancelled by the instructor due to weather, the instructor will schedule a makeup.
- Please select the level you believe best suits your child. All children will be assessed on the first day of a session to determine if they need to be placed in a different level.
- If necessary, we will offer you the opportunity to move your child to the correct level, provided a spot is available. If there is no space in the appropriate level, the instructor will offer your child private swim lessons.
- You will receive a reminder email approximately one week before the start of a session. If there are insufficient student enrollments prior to the start of a session, you will be contacted with alternative options.
- If you are on a waitlist, you will be contacted as soon as a spot opens up in the desired session.
- All toddlers must wear **swim diapers**. No disposable diapers are permitted.

Our times don't work?

We offer flexible **Private Swim Lessons** to fit your schedule! Private, duet, trio, and quad lessons are available for all ages, all year long. Our instructors will work one on one with you or your child to improve swimming abilities. If interested, please contact our Aquatics Program Coordinator, Lauren Gill, at lgill@houstonian.com or 713.685.6750.

Other Aquatics Programs

Splash Camp

Held May through July | Ages 3 - 12

Splash Camp is our annual Aquatics camp, part of the Houstonian Summer Camps. In this program, we teach your children water safety and refine their swimming abilities in a fun group setting. For more information, please contact our Aquatics Program Coordinator, Lauren Gill, at lgill@houstonian.com.

Junior BlueFins Swim Team Prep

Held January through March and August through December | Ages 4.5 - 8

This program helps build strong technique and endurance and introduce how swim team practice will be run. For more information, please contact our Aquatics Program Coordinator, Lauren Gill, at lgill@houstonian.com.

BlueFins Year Round After School Swim

Held January through March and August through December | Ages 6 - 18

This program focuses on the development of all four competitive strokes, starts, and turns, and helps prepare swimmers for competitions in the post-summer Houston Country Club League. For more information, please contact Head Coach Jorge Mijares at jmijares@houstonian.com.

BlueFins Preseason

Held in April | Ages 5 - 14

Give your swimmer a jump start into the BlueFins season with skills and endurance work. For more information, please contact Head Coach Jorge Mijares at jmijares@houstonian.com.

BlueFins Summer League Swim Team

Held May through June | Ages 5 - 14

The BlueFins Swim Team is part of the Houston Country Club League (HCCL). The team holds daily practices and competes against other clubs in the league. For more information, please contact Head Coach Jorge Mijares at jmijares@houstonian.com.