



# Houstonian Summer Camp 2023

**MAY 30-AUGUST 18**

**Youth Department  
Camps:**

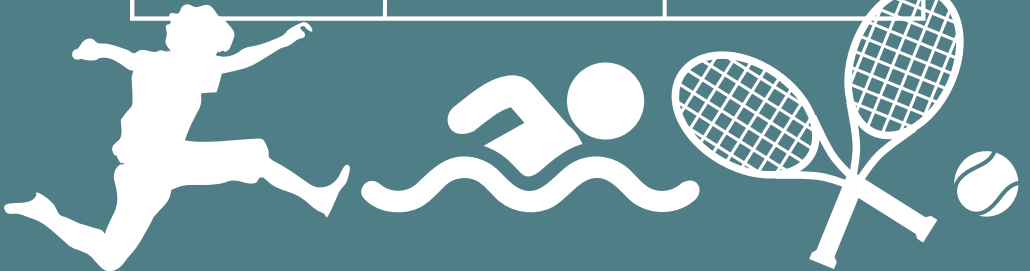
Junior All-Star  
All-Star  
Senior All-Star

**Aquatics Camps:**

Level 1  
Level 2  
Level 3

**Racquet Sports  
Camps:**

Padel, Pickleball, &  
Swim  
Tennis  
Extended Drills



# Weeks of Camp per Department

Weeks of Camp	Racquet	Aquatics	Youth
May 30 - June 2	✓	✓	✓
June 5 - June 9	✓	✓	✓
June 12 - June 16	✓	✓	✓
June 19 - June 23	✓	✓	✓
June 26 - June 30	✓	✓	✓
July 3 - July 7	✓	✓	✓
July 10 - July 14	✓	✓	✓
July 17 - July 21	✓	✓	✓
July 24 - July 28	✓	✓	✓
July 31 - August 4	✓	✓	✓
August 7 - August 11	✓		
August 14 - August 18	Tennis Only		

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Houstonian Club camps are exclusively designed for children of Houstonian Club Members. Our primary goal is to help children develop a healthy lifestyle through fun, hands-on, interactive play experiences and teach them exercise and good nutrition that will last a lifetime. Campers will have the opportunity to enroll in three distinctive camps. We want your child to always remember the amazing experience they had at their Houstonian Club camp!

The Houstonian Club offers an aquatics camp, racquet sports camp and youth department camp. Each camp is designed to provide each child with a specific experience whether it is advancing overhand serve, learning to swim like a fish, discovering pickleball, or engaging in various crafts and sports lessons.



All children must be potty-trained to attend camp and no swim diapers or pull-ups are allowed. If more than one accident occurs, a child will not be able to remain in our camp until they are fully potty-trained.

**All children must be picked up no later than 10 minutes after their camp end time. Our camp staff does not provide aftercare for campers (\$1/minute charge after 10 minutes). Parents/guardians are responsible for picking up and transferring their children to any other Houstonian activities.**

**\*All cancellations must be made by the Wednesday prior to the start of camp\***



# AQUATICS CAMPS



Select the level you think best fits your child. All children will be swim tested at the start of camp to see if they need to be switched to a different level.

## Level 1

1:00 p.m. to 1:45 p.m.  
Resort Pool  
\$175

**Beginner/Novice:** Beginners will learn how to safely enter the water, float on their front and back, roll over, and begin to freestyle. They also will participate in a Safety Day where they will learn pool rules and how to safely have fun while visiting the pool.

## Level 2

1:00 p.m. to 1:45 p.m.  
Resort Pool  
\$175

**Intermediate:** Swimmers must be able to float on their back independently, breathe without assistance and swim 25 yards independently.

## Level 3

1:00 p.m. to 1:45 p.m.  
Sports Pool  
\$175

**Advanced:** Swimmers must be able to swim 25 yards independently, swim freestyle 12 ½ yards and backstroke 12 ½ yards.

**\*must be at least 5 years old\***





- In case of inclement weather, children will be moved inside to do swim safety crafts and play games. Parents will be notified by noon if camp needs to be moved indoors. Parents will have the option of picking up their child before the lesson begins or letting us care for them for the full weekly price.
- Children should arrive in their swimsuits so their lesson can start on time. Children that get transferred from other camps will change after lunch.

• **Splash camps do not offer daily rates.**

**Evelyn Perez (Aquatics Manager)**

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713-685-6724




# RACQUET SPORTS SUMMER CAMP

## **Padel, Pickleball, & Swim (Ages 4-16)**

9 a.m. to 12 p.m.

\$305 per week or \$105 per day

Minimum of 8; maximum of 20 children



Padel, Pickleball, & Swim camp will help children develop their hand-eye coordination, forehand, backhand and overhand serves. Drills are based on skill level. Swimming is included in this camp.

## **Tennis (Ages 4-16)**

9 a.m. to 12 p.m.

\$260 per week or \$85 per day

Minimum of 5; maximum of 50 children

Tennis camp will help children develop their hand-eye coordination, forehand, backhand and overhand serves. Drills are based on skill level.



## **Extended Drills (Ages 4-16)**

12:30 p.m. to 2 p.m.

\$155 per week or \$50 per day

Minimum of 5; maximum of 30 children

Extended drills camp is designed to assist children in further developing their skills in tennis, hand-eye coordination, forehand, backhand and overhand serves. They will also work on game-like situations on the court.





## Racquet Sports Office

racquetsports@houstonian.com

713-685-6847



Children are required to be in activewear for these camps: t-shirt, shorts or pants, and sneakers. Children who come in sundresses or sandals will be asked to change.



Children attending Padel, Pickleball, & Swim camp are asked to wear their swimsuit under their morning outfit, so they will have more time during their free-swim portion of camp.



The swimming portion of Padel, Pickleball, & Swim camp is free-swim and is not a lesson. The camp counselors and tennis pros will be in the water with the children. All children will be swim tested at the start of the free-swim time.

Children in tennis are divided first by age and then by skill level.





# Youth Department

## Theme By Week

Week	Dates	Theme
1	May 30—June 2	<i>Out of this World</i>
2	June 5—June 9	<i>Under the Sea</i>
3	June 12—June 16	Disney
4	June 19—June 23	Jurassic
5	June 26—June 30	Design
6	July 3—July 7	Olympics
7	July 10—July 14	Safari
8	July 17—July 21	Modern Heroes
9	July 24—July 28	Creativity
10	July 31—August 4	Summer Fun





Junior All-Star (Ages 3 & 4)  
All-Star (Ages 5-7)  
Senior All-Star (Ages 8-12)\*

Children are required to be in activewear for these camps: t-shirt, shorts or pants, and sneakers. Children who come in sundresses or sandals will be asked to change.

**\*Minimum of 8 Sr. All-Star campers required. If under 8 campers, Sr. All-Star will join All-Star (ages 5-7).**



### HOURS AND PRICING

Weekly: 9 a.m. to 12 p.m.	\$220
Weekly: 1 to 3:30 p.m.	\$180
Weekly: 9 a.m. to 3:30 p.m.	\$380
Daily: 9 a.m. to 12 p.m.	\$70
Daily: 1 to 3:30 p.m.	\$60
Daily: 9 a.m. to 3:30 p.m.	\$110

**Eriana Zambrano (Youth Assistant Manager)**

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713-685-7911





# HOUSTONIAN SUMMER CAMP LUNCHES



DAY	MEAL	SIDE
<b>Monday</b>	Hamburger (Lettuce and Tomato)	Sweet Potato Fries & Fruit
<b>Tuesday</b>	Hot Dog	Fruit
<b>Wednesday</b>	Chicken Tenders	French Fries & Fruit
<b>Thursday</b>	Grilled Cheese	Fruit
<b>Friday</b>	Mac and Cheese	Fruit & Carrots

Lunch is eaten outside on our beautiful activity deck at Arbor Grill. If it rains, we will eat picnic style indoors.

We are unable to pick up lunch from restaurants (on-site or off-site) for campers. **However, you are welcome to bring an outside lunch to your child at lunch time.** Please either register for a Houstonian lunch or bring a packed **nut-free** lunch from home.

Thank you.

**Lunches are \$50 for the week. Daily rate is \$12.**



# FAQ

## **How do I see pictures of my child at camp?**

All of our pictures are uploaded to our private Facebook page, which you can request to join. Our name is Houstonian Club Youth Department. Once approved, you can view all picture albums and photos.

## **What happens if my child is injured or sick while at camp?**

Our Security team will be called for any illness or injury. If it is a minor injury, you will be informed at pickup. For any head injury or more serious injuries, you will be immediately contacted, and we will have 911 respond if necessary.

## **Can my child be taken to the Hideout or Bungalow after camp?**

Our Houstonian Summer Camp is a state regulated camp, so it must end at the designated times. A parent or guardian, 18 years or older, must be present to pick up your child at the designated times.

## **If I cannot make it to pickup my child, can someone pick them up for me?**

Please email your camp representative, using the contact information provided on the back of this brochure. Please include your child's name and the name and phone number of the person picking them up from camp. Please let them know that they will be asked for their ID. All guardians must be 18 years of age or older.

## **Can my child have their cellphone during camp?**

We are a device-free camp. All electronics must be taken with you before leaving your child at camp. If your child has an emergency or is very homesick, we will call you immediately.

## **What if something happens, and we will not be able to attend camp?**

You must cancel by the Wednesday prior to the start of camp. Any cancellations after the deadline will result in a full camp charge. If you need to cancel, email your camp representative listed on the back of this brochure.

# Need to Register?

## Go to [www.myhoustonian.com](http://www.myhoustonian.com)

- Once you get on 'myhoustonian', hover over 'Youth' at the top right corner and then select 'Camps'.
- Feel free to read through our camp options for this summer!
- Once you have made your selections, click on '**REGISTER NOW**' at the bottom of the page.
- Fill in your information.
- Select 2023.
- Fill in your child's information and if you have multiple children, you will be able to come back and add another.
- Select camps of your choice.
- Fill in your contact information and add two 'Emergency Contacts' in case you are unavailable.
- Upload a picture of your camper.
- Read through and accept Summer Camp Contract 2023.
- You have now applied, but your camp documents are not quite complete. You can choose to continue, add another child option, or you can come back later to complete your documents.
- If you choose to continue, you can sign our Houstonian Club Activities Waiver, Houstonian Photo Waiver and submit an Immunization Record or Exemption from Immunizations for Reasons of Conscience.

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