



# Houstonian Summer Camp 2024

**MAY 28-AUGUST 16**

## **Youth Department Camps:**

Junior All-Star  
All-Star  
Senior All-Star

## **Aquatics Camps:**

Intro to Water Skills  
Fundamental Aquatic Skills  
Stroke Development

## **Racquet Sports Camps:**

Padel, Pickleball, and Swim  
Tennis  
Extended Drills



# Weeks of Camp per Department

Weeks of Camp	Youth	Aquatics	Racquet Sports
May 28-31	✓	✓	✓
June 3-7	✓	✓	✓
June 10-14	✓	✓	✓
June 17-21	✓	✓	✓
June 24-28	✓	✓	✓
July 1-5	✓	✓	No Camp
July 8-12	✓	✓	✓
July 15-19	✓	✓	✓
July 22-26	✓	✓	✓
July 29- Aug 2	✓	✓	✓
August 5-9			✓
August 12-16			✓

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Houstonian Club camps are exclusively designed for children of Houstonian Club Members. Our primary goal is to help children develop a healthy lifestyle through fun, hands-on, interactive play experiences and teach them exercise and good nutrition that will last a lifetime. Campers will have the opportunity to enroll in three distinctive camps. We want your child to always remember the amazing experience they had at their Houstonian Club camp!

The Houstonian Club offers an aquatics camp, a racquet sports camp, and a youth department camp. Each camp is designed to provide each child with a specific experience—whether it is advancing their overhand serve, learning to swim like a fish, discovering pickleball, or engaging in various crafts, games, and sports lessons.



All children must be potty-trained to attend camp: no swim diapers or pull-ups are allowed. If more than one accident occurs, a child will not be able to remain in our camp until they are fully potty-trained.

All children must be picked up no later than 10 minutes after their camp end time. Our camp staff does not provide aftercare for campers.  
**(\$1/minute charge after 10 minutes)**

Parents/guardians are responsible for picking up and transferring their children to any other Houstonian activities.

A **20% surcharge** will apply for all Houstonian guests attending camp.

All cancellations must be made by the Wednesday prior to the start of camp.

**No same day walk-ins or applications. Space is limited for all camps.**

Applications received over the weekend or 24 hrs before the start of camp may not be accepted.

# AQUATICS CAMPS



## All 3 Levels

- 1:00 p.m. to 1:45 p.m.
- Resort Pool
- \$175/week

Select the level you think best fits your child. All children will be swim tested at the start of camp to see if they need to be switched to a different level.

## Level 1

### Intro to Water Skills Ages 3+ years old

- This level helps students feel more comfortable in the water.
- Skills include the following: independently submerging head underwater, floating, kicking, beginning arm movements, retrieving submerged objects, and entering the water safely by jumping or using a ladder or steps.

## Level 2

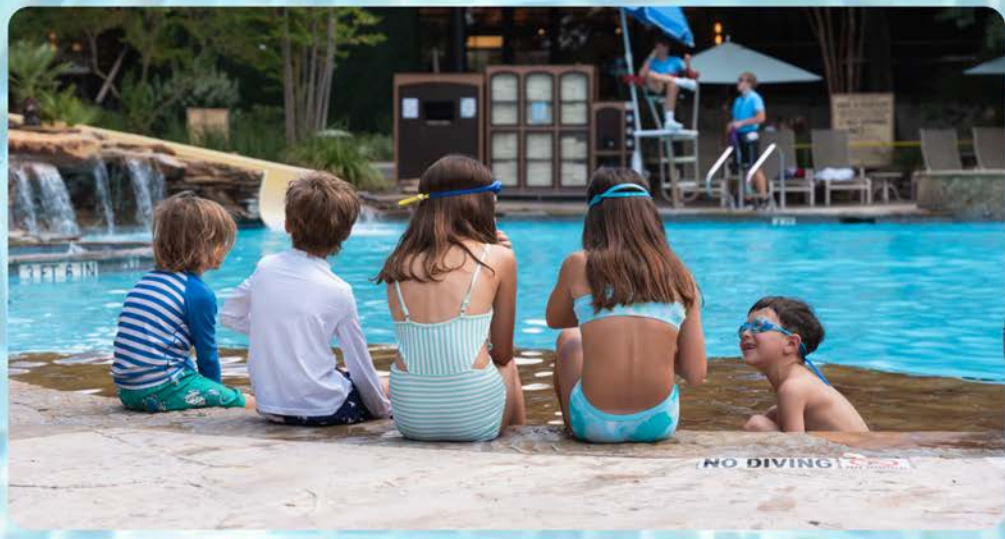
### Fundamental Aquatic Skills Ages 3+ years old

- This level helps students learn the fundamentals of swimming.
- Skills include the following: floating on back for 5–10 seconds, rolling from front to back and back to front, performing survival float, exploring simultaneous arm and leg movements, and performing front and back glide.

## Level 3

### Stroke Development Ages 5+ years old

- This level helps students begin to develop the strokes of swimming.
- Skills include the following: jumping into deep water, performing back and front glide, freestyle arms (catch, pull, recovery), side breathing, introduction to backstroke and breaststroke arms and legs.



In case of inclement weather, children will be moved inside to do swim safety crafts and play games. Parents will be notified by noon if camp needs to be moved indoors. Parents will have the option of picking up their child before the lesson begins or letting us care for them for the full weekly price.

Children should arrive in their swimsuits so their lessons can start on time. Children that get transferred from other camps will change after lunch.

**\*Splash camps do not offer daily rates\***

**Lauren Gill (Youth Program Coordinator)**

lgill@houstonian.com

713.685.6563



# RACQUET SPORTS SUMMER CAMPS



## **Padel, Pickleball, and Swim (Ages 5-16)**

9 a.m. to 12 p.m.

\$305 per week or \$105 per day

Minimum of 8; maximum of 20 children

Padel, Pickleball, and Swim camp will help children develop their hand-eye coordination, forehand, backhand, and overhand serves. Drills are based on skill level. Swimming is included in this camp.

## **Tennis (Ages 4-16)**

9 a.m. to 12 p.m.

\$305 per week or \$105 per day

Minimum of 5; maximum of 50 children

Tennis camp will help children develop their hand-eye coordination, forehand, backhand, and overhand serves. Drills are based on skill level.

## **Extended Drills (Ages 4-16)**

12:30 p.m. to 2 p.m.

\$155 per week or \$70 per day

Minimum of 5; maximum of 30 children

Extended drills camp is designed to assist children in further developing their skills in tennis, hand-eye coordination, forehand, backhand, and overhand serves. They will also work on gamelike situations on the court.



## Racquet Sports Office

racquetsports@houstonian.com

713-685-6847



Children are required to be in activewear for these camps: t-shirt, shorts or pants, and sneakers. Children who come in sundresses or sandals will be asked to change.

Children attending Padel, Pickleball, and Swim camp are asked to wear their swimsuit under their morning outfit, so they will have more time during their free-swim portion of camp.

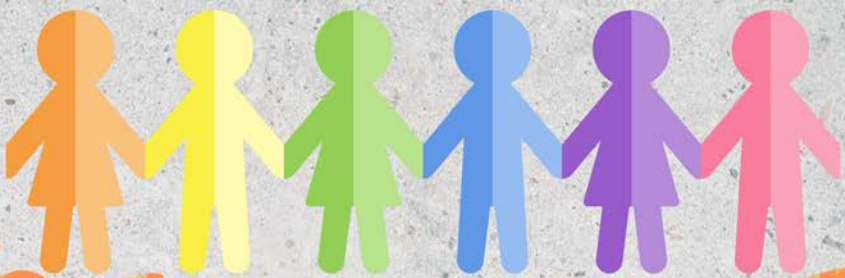


The swimming portion of Padel, Pickleball, and Swim camp is free-swim and not a lesson. The camp counselors and tennis pros will be in the water with the children. All children will be swim tested at the start of the free-swim time.

Children in tennis are divided first by age and then by skill level.

**No same day walk-ins or applications**





# Youth Department

<u>Week</u>	<u>Dates</u>	<u>Theme</u>
1	MAY 28 - 31	UNDER THE SEA
2	JUNE 3 - 7	FAIRYTALE
3	JUNE 10 - 14	HEROES VS. VILLAINS
4	JUNE 17 - 21	MAGIC
5	JUNE 24 - 28	LOST IN SPACE
6	JULY 1 - 5	FIVE SENSES
7	JULY 8 - 12	MIGHTY JUNGLE
8	JULY 15 - 19	PIRATE FEVER
9	JULY 22 - 26	TROPICAL PARADISE
10	JULY 29 - AUG 2	GREAT OUTDOORS





**Junior All-Star (Ages 3 & 4)**  
**All-Star (Ages 5-7)**  
**Senior All-Star (Ages 8-12)\***

\*Minimum of 8 Senior All-Star campers required. If there are fewer than 8 campers enrolled, Senior All-Star will join All-Star (ages 5-7)

Children are required to be in activewear for these camps: t-shirt, shorts or pants, and sneakers. Children who come in sundresses or sandals will be asked to change.

\*Extended AM now available. Extension is only through 1:00 pm. **Additional \$20 without lunch and \$32 with lunch per request day\***  
**Must request via email**

WEEKLY: 9 A.M. TO 12 P.M. \$220

WEEKLY: 12 P.M. TO 3:30 P.M. \$195

WEEKLY: 9 A.M. TO 3:30 P.M. \$380

DAILY: 9 A.M. TO 12 P.M. \$70

DAILY: 12 P.M. TO 3:30 P.M. \$80

DAILY: 9 A.M. TO 3:30 P.M. \$110



**Jose Rodriguez (Youth Assistant Manager)**

[jrodriguez@houstonian.com](mailto:jrodriguez@houstonian.com)

713-685-7911

# HOUSTONIAN SUMMER CAMP LUNCHES

DAY	MEAL	SIDE
MONDAY	CHEESEBURGER	FRENCH FRIES
TUESDAY	GRILLED CHEESE	FRUIT
WEDNESDAY	CHICKEN TENDERS	FRENCH FRIES
THURSDAY	HOT DOGS	FRENCH FRIES
FRIDAY	MAC AND CHEESE	FRUIT



Lunch is eaten outside on our beautiful activity deck at Arbor Grill. If it rains, we will eat picnic-style indoors.

**Lunches are \$50 for the week.  
Daily rate is \$12.**

We are unable to pick up lunch from restaurants (on-site or off-site) for campers.

However, you are welcome to bring an outside lunch to your child at lunch time. You are also able to order ahead of time from The Kitchen—just let them know the name of your child and which camp they are in.

Please either register for a Houstonian lunch or bring a packed **completely nut-free** lunch from home.



# FAQ

## **How do I see pictures of my child at All-Star camp?**

All our pictures are uploaded weekly to our private Facebook group, which all Houstonian Club parents may request to join.

Search "Houstonian Club Youth Department" on Facebook, request to join, and once approved, you can view all the photo albums.

## **What happens if my child is injured or sick while at camp?**

Our Security team will be called for any illness or injury. If it is a minor injury, you will be informed at pickup. For any head injury or more serious injuries, you will be immediately contacted, and we will have EMS respond if necessary.

## **Can my child be taken to the Hideout or Bungalow after camp?**

Our Houstonian Summer Camps are state regulated, so they must end at the designated times. A parent or guardian, 18 years or older, must be present to pick up your child at the designated times.

## **If I cannot make it to pick up my child, can someone pick them up for me?**

Please email your camp representative, using the contact information provided on the back of this brochure. Please include your child's name and the name and phone number of the person picking them up from camp. Please let them know that they will be asked for their ID. All guardians must be 18 years of age or older.

## **Can my child have their cell phone during camp?**

We are a device-free camp. All electronics must be taken with you before leaving your child at camp. If your child has an emergency or is very homesick, we will call you immediately.

## **What if something happens, and we will not be able to attend camp?**

You must cancel by the Wednesday before the start of camp. Any cancellations after the deadline will result in a full camp charge. If you need to cancel, email your camp representative listed on the back of this brochure.

## **Who can I email if I have any questions?**

You can email [camp@houstonian.com](mailto:camp@houstonian.com) to reach all 3 camps or each designated point of contact displayed on the back of the brochure.

## Need to Register?

### Go to [www.myhoustonian.com](http://www.myhoustonian.com)

- Once you get on 'myhoustonian', hover over 'Youth' at the top right corner and then select 'Camps'.
- Feel free to read through our camp options for this summer!
- Once you have made your selections, click on '**REGISTER NOW**' at the bottom of the page.
- Fill in your information.
- Select 2024.
- Fill in your child's information and if you have multiple children, you will be able to come back and add another.
- Select camps of your choice.
- Fill in your contact information and add two 'Emergency Contacts' in case you are unavailable.
- Upload a picture of your camper.
- Read through and accept the Summer Camp Contract 2024.
- You have now applied, but your camp documents are not quite complete. You can choose to continue, add another child option, or you can come back later to complete your documents.
- If you choose to continue, you will sign our Houstonian Club Activities Waiver, Houstonian Photo Waiver, and submit an Immunization Record or Exemption from Immunizations for Reasons of Conscience.
- Please remember your child will not be enrolled if these 3 forms are not filled out. Space is limited, so a completed application and completed forms do not guarantee full enrollment.

#### **Izel Bermudez (Youth Manager)**

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#### **Racquet Sports**

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#### **Lauren Gill (Youth Swim Program Coordinator)**

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#### **Westly Tupa (Director of Aquatics)**

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