# **Lap Swim Alternatives**

# Facility with no charges:

# **Trotter Family YMCA**

1331 Augusta Drive Houston, TX 77057 (713) 781-1061

Houstonian Swimmers may request a free pass from November 28 until December 23, 2011.

#### **Pool Hours:**

Monday through Friday 5 a.m. - 8 p.m.Saturday 8:30 a.m. - 5 p.m.Sunday 12-5 p.m.

#### **Masters Swim:**

There is no extra charge for Masters Swim Classes and United States Masters Swimming (USMS) registration is not required to participate.

Tuesday / Thursday 6:30 - 8 p.m.Saturday 8:30 - 10 a.m.

## **Facilities with fees:**

## **Dad's Club Fitness Center**

1006 Voss Road Houston, TX 77055 (713) 461-8577

Monthly Fee: \$55. You must join for a minimum of two months, so it is a \$110 investment. You may swim laps and use the fitness facility. Masters Swim Classes are an additional fee.

**Pool Hours:** Monday through Friday 5:30 a.m. -8:30 p.m.

Saturdays 8:00 a.m. to 6:00 p.m. Sundays 1:00 p.m. to 600 p.m.

Masters Swim: Monday/Wednesday/Friday 6:00 a.m. -7:00 a.m.

Monthly Masters Swimming Session fees: \$20

You must join United States Masters Swimming (USMS)\* to participate at Master's swim practices.

## **U** of H Masters Swim

U of H Campus Recreation and Wellness Center 4500 University Drive

Houston, TX 77004

Aquatics Office: (713)-743-7946

The Masters Swim Classes are open to Members. There is no open lap swim.

#### Practices are held:

Monday through Thursday: 6 - 7:15 a.m.

Monday, Wednesday, Friday: 11:15 a.m. – 1 p.m.

Monthly Masters Swimming Session Fees (this includes the coaching fee)

Cost: \$45

United States Masters Swimming (USMS) registration is required to participate in these sessions.

\* 2012 USMS Registrations Forms available online at <a href="www.usms.org">www.usms.org</a> and the Houstonian Aquatics office after November 1st. The 2012 USMS annual registration is \$40 and is for the full year. You will receive 6 issues of <a href="https://www.usms.org">SWIMMER</a> magazine with your USMS registration (a \$19.95 value FREE).

## Where do I enter the building?

Early access to the natatorium will be granted at 5:45 a.m. through the pool deck doors (right door of the set of four doors facing University Drive) for preparation for practice at 6 a.m.

### Where can I park my car?

Lot 20A is not ticketed until 8:00 a.m. If you attend the 11:15 a.m. classes you will need to buy a parking pass. To obtain a visitor parking permit, visit the **Information Center at Entrance 1** on University Dr. or the **Information Center on Cullen Blvd** near the Athletics/Alumni Facility.

### Where do I register?

Membership Services

# **Rice University Masters Program**

Gibbs Recreation Center Rice University Pool 6100 Main Street, MS 523 Houston, TX 77005 (713) 348-2742

\* Entrance #20 off Main Street

The Masters Swim Classes are open to Members. There is no open lap swim.

#### **Practice Times:**

Monday through Friday: 6 -7:15 a.m.

Monday through Friday: 5:30 - 6:30 p.m.
Saturday: 8 - 9:30 a.m.
Sunday: 4 - 5:30 p.m.

# **Masters Session Fees (September through December)**

Community - \$360 (Please ask to have this pro-rated) Please make all checks payable to <u>Rice Aquatics Masters</u>.

United States Masters Swimming (USMS) registration is required to participate in these sessions.

\* 2012 USMS Registrations Forms available online at <a href="www.usms.org">www.usms.org</a> and the Houstonian Aquatics office after November 1st. The 2012 USMS annual registration is \$40 and is for the full year. You will receive 6 issues of <a href="https://www.usms.org">SWIMMER</a> magazine with your USMS registration (a \$19.95 value FREE).

### **Club Registration:**

Please fill out the <u>online</u> registration forms completely and legibly. If paying by check please bring in a printed copy of your completed online registration to your first practice to gain entrance into the pool.

## **Recreation Center Access: Masters Only**

Each master swimmer must go to the RUPD station and get a Rice ID badge after joining. Once you join we send your information over to RUPD. The cost of a Rice ID card is \$10. The RUPD station is on campus at the corner of University and Stockton.

### Parking:

Parking on the Rice campus is at a premium. You can pay as you go in the central parking garage across the street from the recreation center for \$2 per 35 minutes or at the north visitor lot at entrance 20 off Rice Blvd. or at the west lot #1 in front of the Alice Pratt Brown Building. This parking at these spots is \$1 per 35 minutes.

Click here for a map of campus parking.