

AFTER SCHOOL - ACTION -

AUG. 17 THROUGH DEC. 17

COMPLIMENTARY

Soccer with Ian Bagazette

Mondays on The Meadow

4 to 4:30 p.m. – Ages 5 to 7 4:30 to 5 p.m. – Ages 8 to 12

Our After School Program is kicking up things up notch with soccer! Join us after school to build skills, stay active, and have fun with friends. Coach Ian will focus on building strong fundamentals through engaging drills that improve passing, ball control, and footwork.

Yoga with Stephanie Ann McCarrey

Tuesdays in Strong Studio

3:30 to 4:15 p.m. – Ages 4 to 7 4:15 to 5 p.m. – Ages 8 to 12

Grace, strength, and a little comedy! Want to work on your balance and have a blast doing it? This is the place for you. The Houstonian Club's youth yoga class teaches children to build their strength from within to gracefully flow from one yoga pose to the next.

Athletics for Kids with Jimmie Schroeder

Wednesdays in Move Studio

4 to 4:30 p.m. – Ages 5 to 7 4:30 to 5 p.m. – Ages 8 to 12

Let's learn about different sports and the motions that go into those sports! This class will focus on introducing sports and teaching kids different techniques and movements while having fun. Each week will focus on a different technique, movement or sport.

Dance with Emma Guzzi

Thursdays in Move Studio

4 to 5 p.m. – Ages 5 to 12

Our fun and energetic dance class introduces young children to the basics of movement, rhythm, and coordination in a playful and encouraging environment. Through music, games, and creative expression, kids build confidence, make new friends, and develop a love for dance!

Parents are required to sign their child in and out for these programs.

Jr. Youth Certified children are able to sign in and out themselves.

Parents must be on campus for child to participate.

For more information, contact the Youth Department
at youth@houstonian.com or 713.685.6753.

