



2018

YOUTH DEPARTMENT CAMPS

AQUATICS CAMPS

RACQUET SPORTS CAMPS



Weeks of Camp per Department

Weeks of Camp	Racquet	Aquatics	Youth
May 29-June 1	√	√	√
June 4-8	√	√	√
June 11-15	√	√	√
June 18-22	√	√	√
June 25-29	√	√	√
July 2-3 & 5-6	√	√	√
July 9-13	√	√	√
July 16-20	√	√	√
July 23-27	√	√	√
July 30-Aug. 3	√	√	√
Aug. 6-10	√		
Aug. 13-17	√		
Aug. 20-24	√		



Table of Contents

- Aquatics - 2
- Racquet Sports - 3
- Youth Department Summer Camps - 4 & 5
- Lunch Menu - 6
- Sign Up - 7
- Questions - 8
- Contact - 9



Aquatics Summer Camps

Select the level you believe your child would be classified under. All children will be swim tested daily at the start of camp to see if they need to be switched to a different level.

Level 1

1 to 1:45 p.m. Resort Pool \$130

Beginner/Novice: This is for beginners who will learn how to safely enter the water, float on their front and back, roll over, and begin to freestyle. They also will participate in a Safety Day, where they will learn pool rules and how to safely have fun while visiting the pool.



Level 2

1 to 1:45 p.m. Resort Pool \$130

Intermediate: Must be able to float on their back independently, breathe without assistance and swim 25 yards independently.

Level 3

1 to 1:45 p.m. Sports Pool \$130

*must be at least 5 years old

Advanced: Must be able to swim 25 yards independently, swim freestyle 12 ½ yards, and backstroke 12 ½ yards.

- All cancellations must be made the Wednesday prior to the start of camp.
- In case of inclement weather, children will be moved inside to Racquetball Court 2 to practice swim safety, crafts and games. Class will be cancelled at noon if inclement weather occurs. Parents have the option of either picking up their child before the lesson begins or letting us care for them for the full weekly price.
- Children should arrive in their swimsuits so the lessons can start on time. Children that transfer from other camps will be changed after lunch.
- All children must be potty trained to attend camp and no swim diapers or pull ups are allowed. If there is more than one accident, the child will not be able to stay in our camp until fully potty trained.
- Splash Camps do not offer daily rates.



Racquet Sports Summer Camps

Padel, Swim & Tennis (Ages 4-16)

Helps children develop their hand-eye coordination, forehand, backhand and overhand serves. Drills are based on skill level. Swimming is included in this camp.

9 a.m. to 2 p.m. \$395 per week or \$135 per day

Minimum of 8; Maximum of 20 children

Tennis (Ages 4-16)

Exclusively designed for children of Houstonian Club Members. Tennis Camp will help children develop their skills in hand-eye coordination, forehand, backhand and overhand serves. Drills are based on their skill level.

9 a.m. to noon \$250 per week or \$85 per day

Minimum of 5; Maximum of 50 children

Extended Drills (Ages 4-16)

Assists children in further developing their skills in hand-eye coordination, forehand, backhand and overhand serves. They will work on game-like situations on the court.

12:30 to 2 p.m. \$145 per week or \$50 per day

Minimum of 5; Maximum of 30 children

- All cancellations must be made the Wednesday prior to the start of camp.
- Children are required to be in active wear for these camps. This includes t-shirt, shorts or pants and sneakers. Children who come in sundresses or sandals will be asked to go home and change.
- Children attending Padel, Swim and Tennis are asked to wear their swimsuit under their morning outfit so they will have more time during their free swim.
- The swimming portion of Padel, Swim & Tennis is free swim and is not a lesson. Camp counselors and tennis pros will be in the water with the children. All children will be swim tested at the start of the free swim time.
- Children in tennis are divided first by age and then by skill level.
- All children must be potty trained to attend camp and no diapers or pull ups are allowed. If there is more than one accident, the child will not be able to stay in our camp until fully potty trained.



Youth Department Summer Camps

Junior All Stars (Ages 3 & 4)

All Stars (Ages 5-12)

Average Day

8 to 9 a.m.	Early Drop off
9:15 to 10:15 a.m.	Sport/Activity
10:15 to 11 a.m.	Snack time and a craft
11 to noon	Sport/Activity
Noon pick in the Racquetball courts	
Noon to 1 p.m.	Lunch
1 to 2 p.m.	Sport/Activity (Jr. All Stars have down time and nap at this time)
2 to 2:30 p.m.	Snack time and a craft
2:30 to 3:20 p.m.	Sport/Activity
3:20 p.m. pick in the Racquetball courts	



Mondays All Star camp will meet with a trainer from 1 to 2 p.m.

Tuesdays All Star camp will have Mad Science come visit us in the mornings.

Wednesdays All Star camp will have yoga from 1:15 to 2:15 p.m.

Thursdays All Star camp will go to the pool from 10 to 11 a.m. Also on

Thursdays All Star camp and Junior All Star camp will make their own snacks in the afternoon.

Fridays Junior All Star camp will have a special event from 10 to 11 a.m. and All Star camp from 11 a.m. to noon.

- All cancellations must be made by the Wednesday prior to the start of camp.
- Children are required to be in active wear for these camps. This includes t-shirt, shorts or pants, and sneakers. Children who come in sundresses or sandals will be asked to go home and change.
- All children must be potty trained to attend camp and no diapers or pull ups are allowed. If there is more than one accident, the child will not be able to stay in our camp until fully potty trained.
- Additional fees: There is a one time \$20 fee per child and this will provide them with a camp shirt and backpack.

Hours and Pricing

Weekly 9 a.m. to noon	\$200
Weekly 1 to 3:30 p.m.	\$170
Weekly 9 a.m. to 3:30 p.m.	\$350
Daily 9 a.m. to noon	\$50
Daily 1 to 3:30 p.m.	\$40
Daily 9 a.m. to 3:30 p.m.	\$85

Youth Department Summer Camps by Week

Week	Theme
May 29-June 1	Balls and Bubbles Pop! Pop! Pop! This is a wonderful week where we will have fun, get messy and get a little creative with bubbles. The kids will enjoy some exciting, hands on experiments. (This week is prorated due to the holiday.)
June 4-8	Wild Things Elephants, monkeys and zebras, oh my! This week we become Zoologists and study animals from all over. Be ready to get creative and go outside in this week long exploration into the animal kingdom.
June 11-15	Around the World We are traveling the world in just one week! Exploring the games, activities and art projects of South America, Germany, Italy, Africa and China.
June 18-22	Camping 101 This week will mainly be outdoors exploring, learning and being creative with nature. We will take a trip back a long time ago when the Karankawa Native Americans lived here in the Houston area.
June 25-29	Water Wars Hold your breath and dive in with us to explore the wonderful world of Marine Biology. We will take an adventure in the different waters of the world and explore the animals and creatures there.
July 2-3, 5-6	USA It's a party at the Houstonian! As we celebrate our country, the beautiful United States of America, we will be working on our Summer Olympic skills and creating Red, White and Blue masterpieces! (This week is prorated due to the holiday.)
July 9-13	Superheroes Who is your hero? We will work on our ninja star throwing, super strength, flying and our bad guy capturing skills. Be ready to drop off your child and pick up a defender of justice!
July 16-20	Extreme Sports Are you good at a sport? Let's find out with this ultimate week of sports. We will not only be learning about and playing many different sports, but we will also be working on team building exercises and being a real team player!
July 23-27	Pirate Party Yo-ho, yo-ho a pirates' life for me. Set sail and explore beaches with us. We will be creating our pirate gear and playing beach games. Most importantly, we will be going on a treasure hunt around the Houstonian.
July 30-Aug. 3	Theme Park Fun Celebrate a week of theme park fun without even leaving the Houstonian! Time to make your tickets and come to your own theme park. Lots of carnival games and prizes to create and win.

Houstonian Camp Menu

Lunch will be held out at our beautiful Activity Deck at Arbor Grill.

If it rains, we will eat picnic style in the Racquetball Courts.

Lunches are \$50 for the week and there is no daily option offered.

We are unable to pick up other lunches for campers. Please sign up for a Houstonian lunch or bring a packed nut-free lunch from home.

Monday

Chicken Quesadilla

Chicken, Cheese, Whole Wheat Tortilla

Side: Baked Veggie Chips & Fruit

Tuesday

Burger

Organic Ground Beef, Lettuce, Tomato, Whole Wheat Bun

Sides: Sweet Potato Fries & Fruit

Wednesday

Chicken Tenders

Sides: Low Sugar Fruit Yogurt & Fruit

Thursday

Hot Dog

Whole Wheat Bun

Sides: Chips & Dip, Fruit

Friday

Flat Bread Pizza

Flatbread, Tomato Sauce, Cheese

Sides: Baby Carrots & Dip, Fruit

Dairy free or Gluten free options are available.



Summer Camp Registration

- Go to www.myhoustonian.com
- Once you get on **myhoustonian**, select **Play** from menu bar at the top and then click on **Camps**.
- Feel free to read through our camp options for this summer!
- Once you have made your selections, click on **REGISTER NOW** at the bottom of the page.
- Fill in your information.
- Select 2018.
- Fill out your child's information and if you have multiple children, you will be able to come back and add another.
- Select camps of your choice.
- Fill out your contact information and add two emergency contacts in case you are unavailable.
- Upload a picture of your camper (this is optional).
- Read through and accept Summer Camp Contract 2018.
- You have now applied, but your camp documents are not quite complete. You can choose to continue, add another child option or you can come back later to complete documents.
- If you choose to continue, you can sign our Houstonian Activities Waiver, decide on our Houstonian Photo Waiver and submit an Immunization Record or Exemption from Immunizations for Reasons of Conscience.

If you need any assistance logging in to your myhoustonian account, feel free to contact our Club Membership Office at 713-316-2729.



Commonly Asked Questions

How do I see pictures of my child at camp?

All of our pictures are uploaded to our private Facebook page which you can request to join. Our name is Houstonian Club Youth Department. Once added, you can go to picture albums and view photos.

What happens if my child is injured or sick while at camp?

Our In-House team will be called for any illness or injury. If it is a minor injury, you will be informed at pick up. For any head injuries or more serious injuries, you will be immediately contacted and we will have 911 respond if necessary.

If your child has a stomach ache or headache we first have them sit out and drink some water. We will assess the ailment and contact you if it continues. If any child has a fever, vomiting, or diarrhea, they will need to be picked up and held out of camp for 24 hours until symptoms are completely gone. If your child is out for more than 24 hours, we may ask for a doctor's note stating your child is well enough to return to camp.

What happens if my child injures or bites another camper?

We have a very strict aggressive behavior and biting policy. Any incident will be reported to the camp managers and they will determine a course of action. This could be a warning or a suspension for 24 hours. If the child returns after a suspension and uses aggressive behavior again, your child may be removed from camp for the remainder of the week.

If we would like to bring a lunch or pack a snack, what are the policies?

Any child that brings a snack or a lunch to camp will need to show us their food before entering camp. We are a nut-free & trace of nut-free camp. Please make sure to read the back of snacks and breads. Children cannot have nut butters including Nutella.

Can my child be taken to the Kids Gym or Bungalow after camp?

Our Houstonian summer camp is a state regulated camp, so it must end at the designated times. A parent or guardian, 18 years or older, must be present to pick up your child at the designated times.

I cannot make it to pick up my child, can someone else will pick up?

Please always email your camps representative, which you will see on the last page of this brochure. Please include your child's name and the name and phone number of the person picking them up from camp. Please let them know that they will be asked for their ID for your child's safety. All guardians must be 18 years of age or older.

What happens if I bring my daughter in a sundress and flip flops?

Your child needs to be in active wear, which is a t-shirt, shorts or pants, and tennis shoes. If necessary, we may ask that your child go home to change to be able to participate.

Can my child have their cell phone during camp?

We are an electronic device free camp. All electronics must be taken with you before leaving your child at camp. If your child has an emergency or is very homesick, we will call you immediately.

What if something happens and we will not be able to attend camp?

You must cancel on the Wednesday the week prior to the start of camp. If you cancel after Wednesday, you will be charged for the camps that your child is registered for. To cancel camp, email your camps representative, which is located on the as page of this brochure.

Youth Camp Manager

Lizzie Wasserman

lwasserman@Houstonian.com

713-263-6595

Racquet Sports Camp Supervisor

Dayron Rodriquez

darodriguez@Houstonian.com

713-685-6847

Aquatics Camp Supervisor

Kaitlyn Sowell

ksowell@Houstonian.com

713-685-6751



#HoustonianCampStrong