



## 2020 Spring Stroke Clinics

April 11, 25, May 16, 30, June 1, 13

Saturdays

10:00 a.m. to 12:00 p.m.

For ages 7 - 14.  
Swimmers must be able to swim 50 yards with no assistance to be eligible to participate

Cost per clinic: \$55.00

Cost for any 3 clinics: \$145.00

The Splash Clinics are designed to aid in the development of the four competitive strokes and the correct start and turn for that stroke. Swimmers will learn proper stroke techniques of the stroke covered by each clinic. Open to members only and child must be listed on the account.

\*\* Please note: In the case of inclement weather, clinics will be rescheduled for later that same Saturday from 4:00-6:00 pm. If the weather remains bad the entire day, the clinic will be cancelled and you may participate in a different clinic or a refund will be credited back to your Houstonian account.

### 2020 Splash Clinic Registration

- April 11 Freestyle & Backstroke
- May 30 Starts & Turns
- April 25 Breaststroke & Butterfly
- June 13 Race Prep
- May 16 Starts & Turns

Child's Name \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Parent's Name \_\_\_\_\_ Member # \_\_\_\_\_ (Required)

E-mail Address \_\_\_\_\_

Day Phone: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

**Waiver and Release:** Every participant must have a signed Youth Waiver and Release form on file prior to participating in this program. If one is not already on file, a parent must sign on on the first day of class.

**Program Rules and Risks:** All parents and swimmers must read and sign a Rules and Risks Form and turn it in with this application, or they must attend a 10 minute informational meeting on the first day of the program.

- My child is listed on the membership and the Youth Activities waiver has been turned in.
- My child is listed on the membership, but does not have a Youth Activities waiver on file.
- My child is not listed on the membership and does not have a Youth Activities waiver.



The Houstonian Aquatics Department (713) 685-6751 Fax: (713) 685-6766